Gleadless Valley Services for Families

Solutions for Perinatal Loneliness

UNIVERSITY of York

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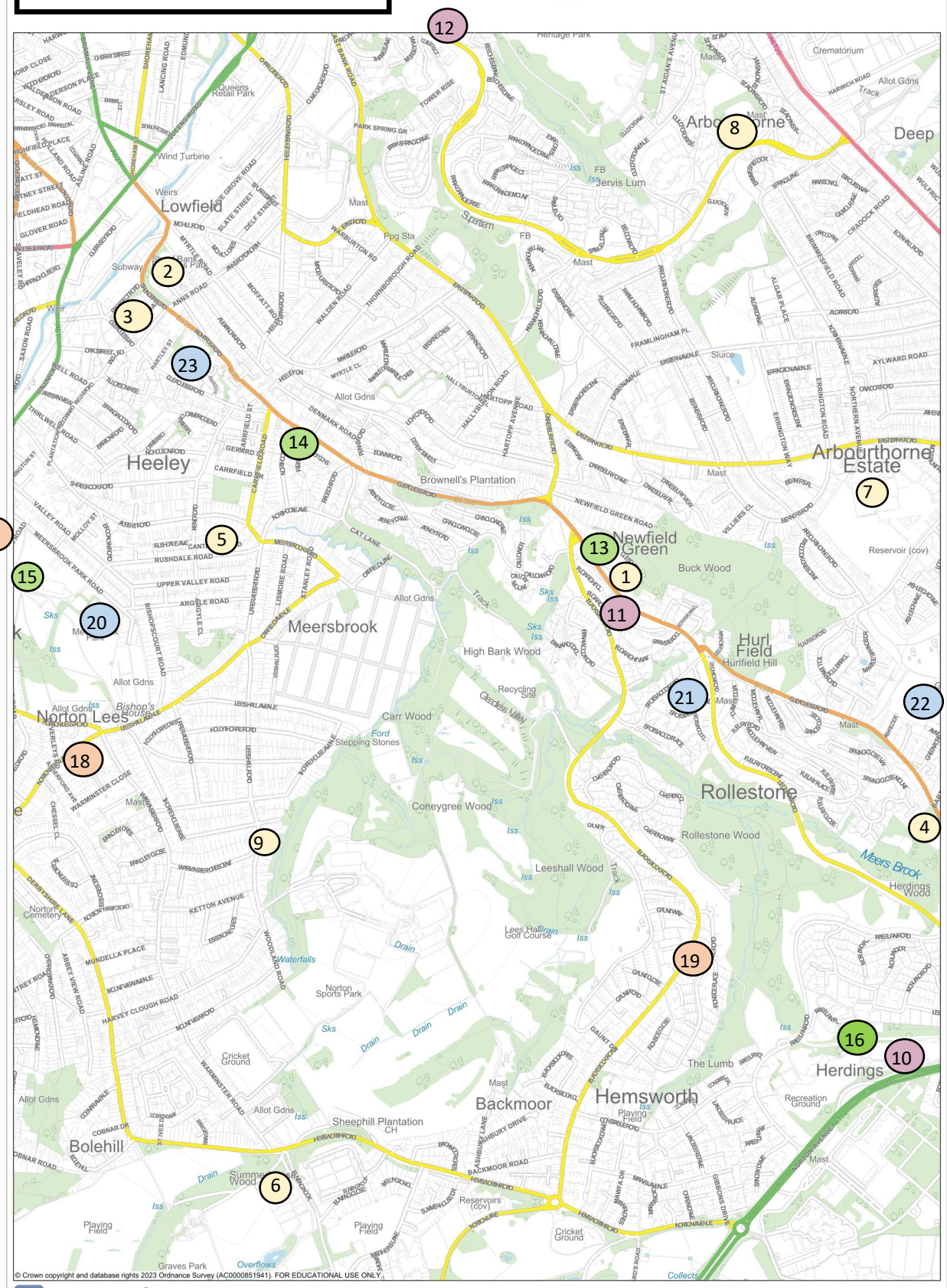

Sports, Parks and Activities for Children

1) Newfield Green Library
2) Heeley City Farm
3) Millenium Park
4) 230th Gleadless Scouts
5) 74th Oak Street Scout Group
6) Graves Park Buggy Fit
7) Springs Leisure Centre
8) Arbourthorne Playing Fields
9) Woodland Wellbeing (www.woodland-wellbeing.com)

Organisations

(Multiple Venues) Heeley Trust

10) Valley Park Family Hub

11) Gleadless Valley TARA

12) The Light Peer Support for perinatal loneliness

Heeley Community TARA (Multiple Venues, contact: heeleycommunitytara@gmail.com

Community Venues

13) Terry Wright Community Centre

14) Heeley Green Community Centre

15) Heeley Trust Community Hub

16) The Herdings

Food Banks/Pantries

17) Meersbrook Park United Reform Church

Monday 10am

18) St. Paul's Church Wednesday and Friday 9.30am

19) Gleadless Valley Methodist Church Friday 10am—4pm

Playgroups

Monday	Meersbrook Play Centre (20) Meersbrook Pavilion 9.30-11.30 term time £2/family group				
Tuesday	Meersbrook Play Centre (20) Meersbrook Pavilion 9.30-11.30 term time £2/family group	Valley Park Family Hub (10) 1pm-2.30 pm (free)			
Wednesday					
Thursday	Holy Cross (21) Lunch for All 11.30am-1.30pm Play area for toddlers available	Toddler tree club (22) Gleadless common recreation 9.30am - 11am £5 per child, sibling £2	Gleadless Valley Methodist Church (19) 9am-11am £1 per child	Toddler group (13) Terry Wright community hall 10am-11.30am Term time	Valley Park Family Hub (10) 1pm-2.30 pm (free)
Friday	Heeley Parish Church (23) 9.30am– 11.15am £1	Baby Toddler Group (1) Newfield Green Library 1-2pm (free)			

Questions?

Comments?

Get in touch: